



## **Hands Down**

1. Teach hands down in imitation. “Do this”, put your hands on your thighs. Do this before starting a new activity, when his hands are starting to touch things, and sometimes just randomly.
2. Teach hands down as a receptive action. Say “hands down” and he should put his hands on his thighs. Use imitation to prompt this. Do this before starting a new activity, when his hands are starting to touch things, and sometimes just randomly.
3. Once this is strong as a receptive action, you can use it with minimal attention and no eye contact to redirect him when he begins touching things throughout the building and while working.