



Transition Program

1. Prepare a container with pictures or words of different places in the environment.
2. Set a timer for a random amount of time. Make sure this time is different each time you set the timer.
3. When the timer goes off, stop what you are doing and ask the child to choose a location from the container (no peaking!).
4. Transition together to that location and continue what you were doing. Set the timer for another random amount of time.
5. Provide reinforcement for transitions without maladaptive behavior. If there is maladaptive behavior, use the procedure that is standard for that child in that situation.
6. Continue for the duration of the ABA session or for the goal time at home.

Generalizing to Outside of Home/Clinic

Add locations outside of the home/clinic in this order.

1. Add the car to the container of locations. When you get to the car, follow the same procedure.
2. Add locations that would require a short walk from home/the clinic or a ride in the car without needing to get in the car. Follow the same procedure when you get to the location.
3. Add locations that would require getting to the car, driving to another location, and getting out of the car (ex. park, 7-11...).
4. Gradually increase the length of time they stay at the outside of home/clinic location and the reinforcing value of the location.